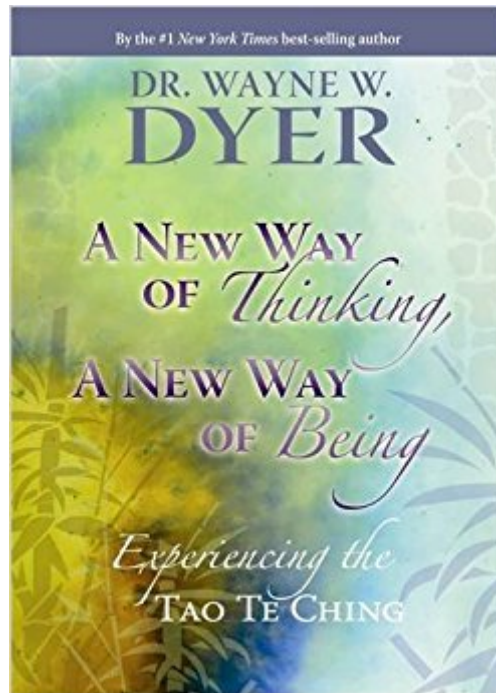


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# A New Way Of Thinking, A New Way Of Being: Experiencing The Tao Te Ching



## Synopsis

This beautiful book offers you an opportunity to internalize and directly experience the great wisdom of the Tao Te Ching, a collection of 81 verses authored by Chinese prophet Lao-tzu 25 centuries ago. The words Tao Te Ching translate to "living and applying the Great Way." • The Tao is considered by many scholars to be the wisest book ever written, and it encourages you to change your life by literally changing the way you think. Within these pages, Dr. Wayne W. Dyer has broken down the verses into bite-size pieces so that you can slowly absorb these powerful thoughts and imprint them into your consciousness. • • • • • Working with one concept at a time, you will come to know the truth behind the ancient Tao observation: When you change the way you look at things, the things you look at change.

## Book Information

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## Customer Reviews

A New Way of Thinking, A New Way of Being by Wayne W. Dyer, Hay House, 2010, 386 ff. Wayne Dyer has written two books on the Tao Te Ching that I am aware of. The first of these, 'Change Your Thoughts, Change Your Life', appeared in 2007. It simply presents the 81 verses of the Tao as 81 chapters written in everyday language. Apart from the fact that the Tao is obviously written in Chinese, which would make it inaccessible to most people in the West, some of the verses even in some of the many English translations need some quite deep thought to tease out the meanings. Dyer is trying to disseminate the essential meanings of the text in as simple a way as possible. Many of the verses of the Tao present more than one moral sentiment so, in this book, the Tao is broken

down even more into 365 aphorisms, each on a separate page and written in no more than a couple of dozen words - and often less. The text is presented on 'misty-coloured' pages and is very attractive, but I found several of the aphorisms in this version (and its predecessor) really rather superficial. With so many translations available it is really a matter of personal taste as to which version resonates with an individual reader. The overall messages are, by now, very familiar - to accept what life has to offer; to look always for the best in any person and life situation, even those that present difficulties, challenges and unhappiness in the short term; to take time out from our pressured life-styles for quiet reflection and meditation; to be always aware that there is an overriding spirituality that interacts with us in every moment of our being, a spirituality that we enhance or undermine by our thoughts and actions.

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